



SUN TRIBE  
Awakening  
THE JOURNEY DRUM

# JOURNEY TO SUCCESS

**TRANSCRIPTS: REAL STUDENT JOURNEYS WITH  
INTERPRETATIONS BY LESLEY BERGSTROM**



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## JOURNEY TO SUCCESS

These transcripts are a number of journey to success journeys that some of Lesley's students have taken and the interpretation of these journeys by Lesley

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# JOURNEY TO SUCCESS FOR LOREN

My animal was a beautiful white stallion unicorn yet although he was a male had a very feminine softness to him. The scenery was lush green, vast spongy grass encompassed by a group of trees and several manicured gardens- there was an arch of roses and honeysuckle that I passed through to get to the cottage where I was met by a Gypsy lady with a head scarf, and clothes that indicated she was from Romany ( don't even know if that is a real place?) she handed me a magic mirror and a gem encrusted whistle and told me I would know how to use them when I needed to.

The beast was an ugly hunchback who was roaring and yelling and looked pretty menacing and I could feel my heart beating faster and I was scared. As I approached him I was overcome with a feeling of compassion for him and took out my magic mirror and spoke to him as I held it up to his face and said "Underneath your outward appearance you are beautiful look into the mirror do not be afraid" As he looked into the magic mirror his face was changed into a handsome soldier and I blew my whistle 3 times and told him. "Do not listen to the voices in your head, do not listen to those who have cursed you, do not listen to the negativity and bullies, you are beautiful and do not need to act the way you do.

You are an expression of love in all its glory, own it and make friends with yourself." The beast started crying and I embraced him and felt calm come over me. His bubble energy I put in my stomach and I could feel it travel to my brain. As I travelled back through the scenery the forrest had become dense but it was familiar and I knew my way through it well, the arch of roses and honeysuckle had also now got lots of red and white carnations. The energy of the unicorn from the gypsy I put in my mouth and I felt really light yet a little apprehensive.

Thanks Lesley



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# INTERPRETATION FROM LESLEY

Hey gorgeous ! Well done on finally managing to do the journey ! Your way to travel to the shore to sun itself on the sand. What you have created, like the manicured success is with power and action yet gentleness.. Unicorn is all about Opening up to Infinite Possibilities and that infinite possibilities surround you and are available to you at all times. Many times one cannot see that possibilities abound, or even exist. Unicorn gives us the "eyes to see" those possibilities, and "the wisdom" to take advantage of them. Spiritually Unicorn symbolizes success. If you summon the power of the Unicorn, the Unicorn will give you the blessings to be a success in whatever you choose to pursue. Unicorn is the symbol of the most magical of all animals! Unicorn can shift between the visible world and the invisible world easily like walking from the shore of a beach, into the sea for a refreshing swim, and back to gardens only becomes more beautiful and more established with time . The arch way represents travelling through the emotions to happiness and all good feelings. Your gypsy lady could symbolise embracing the gypsy within and allowing her to shine. The ugly hunchback was what you needed to over come to gain success, he is your fear, the mirror shows you do this to yourself, and the advice you gave is perfect ! It shows you are ready to be more conscious of the negative self talk and the more you shift your focus towards more positive self talk the more easily it will shift, you blew the whistle 3 times so you may need to do it 3 times to each negative self talk, there is a magnificent soldier within and when you look at the archetype of the soldier, they are loyal to a cause, disciplined and methodical, so these may be further positive attributes that you are embracing. Carnations are a symbol of love. Well done great journey you have shifted much and more self love is in the air.

Keep going, big hugs xxxx



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# JOURNEY TO SUCCESS FOR MARY

Felt good walking over the grass. Lush and cool.

The cave was full of orange and yellow creamy crystals (calcite?).

When I saw the boat I had a giggle. The sides had crocodiles around it (I'm scared of them) and the ferryman was someone like Steve Irwin LOL. When we travelled down into the underworld, the cave crystals changed to black onyx and clear quartz. When we went out into the lake, the boat went under water slightly, we were submerged - like a shallow dive for just a second. It was fun, like a ride, not scary.

There was LONG grass at the side where the garden guardian was. He was so little! Looked like a mole?? Dressed in robes. So I shrunk to his size to walk with him, then I was walking on all fours (my jaguar was with me).

As soon as I felt jaguar's presence, there was a fierce strength within me. The grass disappeared and as I looked around I was travelling through the cosmos, not a garden. Lots of stars and rainbow milky way colours. So beautiful!

When we reached the lady, she had a small brick house with rose plants out the front of her place. She was familiar, I felt the presence of Sandy, my guide here too - though I didn't see her.

She gave me a chisel looking instrument in the shape of a T, plus a small mallet/hammer. Confused, I walked on :)

I climbed onto my strong jaguar. Off to the right hand side was a big old haunted house deep dark purple/blue colour and a wizard. I wasn't sure what to do with the tools but there was something clear I had to build. What I did was build a small fence in front of the wizard, but left a gauze with the intention of only allowing peace and love through the gauze.

I covered the wizard in the bubble of light, but i didn't put him anywhere on my body. He was a separate entity.

On the way back, I travelled the same way. cosmos, then long grass.

I placed the jaguar into my heart and travelled back to the present.





# INTERPRETATION FROM LESLEY

The way to travel to overcome your fear is with crocodile medicine.. Crocodile... creative force. Crocodile is capable of delivering both tenderness and annihilation. It can kill large animals and be soft and tender with its young. According to crocodile death and birth are a vital stage of initiation. Crocodile says one door needs to be closed in order for another to be open. Crocodile says you can be tender when you need to and hard nosed when life requires it. you take immediate and steadfast responsibility for all aspects of your life and are not afraid to get your hand dirty. Crocodile reminds you that you are extremely creative, in the way you think. You can turn any negative experience into a positive one. Crocodile acts as a door keeper to the tangible world and underworld. Crocodile encourages you to see above and beyond physical limitation and emotional burden so that you may trust your intuition and inherent ability to manifest your hearts desire.

Onyx is grounding where as clear quartz is a crystal that channels the light into the body and stores information. Its about grounding the light that comes in. You have to feel the fear and enjoy the ride anyway ! the long grass shows there is so much growth it feels a bit scary but perfect that you joined mole and walked through his perspective moles message

Mole: faith.

The Mole teaches us how to embrace faith. As one of the few mammals that has evolved in the direction of giving away sight, and one of the fewer that spends its life swimming through the sands blindly, in order to find nourishment, it teaches us that sometimes faith is more important than what we can see and validate. Mole teaches us very literally about how not knowing the future, and having faith that all will turn out okay, is sometimes the best path we can take in our lives. Mole says 'let go of doubt, it's doing nothing for you.'



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# INTERPRETATION FROM LESLEY

Some animals teach the skill of skepticism and doubt, but marsupial mole gives the gift of the other side. Too much doubt dilutes our enjoyment of things that we cannot prove or see; things like love, spiritual experiences, even knowing how the future will turn out. When Mole is around, it is important to believe in what you feel, and not in what you can see. Trust your instincts. It may be that you observe someone who seems trustworthy, but your instincts tell you that you can't trust them. Likewise, it may be that opportunities may be better found not so much through looking at the surface of things, but going deeper and trusting what your heart wants, instead of what your head says is the right thing to do. Mole gave away one sense, so that it may use others more wisely.

Jaguar came to remind you of your strength and fierceness you are a beautiful shape shifter and can shift into this energy when you need it, jaguar comes to remind you of this, I think you became jaguar, he shows that you can travel anywhere you want, to the end of the universe and back, you have access to all knowledge. Your guide will always be with you and you noticed her presence, you may not always see her. The chisel gift shows that you can build anything you like to overcome your fear, its the building that creates success. The haunted house shows there are past lives where you were very wise and powerful, the wizard also highlights this, you may have abused your power and so that is why you built the filter to allow only love and peace through, perhaps you have felt how destructive power can be too. By placing the bubble around the wizard you were cleansing his energy, it shows a need to clear this Kama and forgive a past self in order to step into your power.

You are awesomeness big hugs xx



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# JOURNEY TO SUCCESS FOR SHANNON

I found it hard to stay focused at first - had to really tell myself to "let it go" so I was ready for the journey.

I didn't get a lush paddock, but very tall grass, but as I started to walk through it, it was a big corn field - I could feel the stalks all around me hitting at me as I walked between them.

The cave was quite dark & damp but also shimmery. There was a small water fall with water slowly cascading over the rocks. The ferry man was a Japanese man In traditional clothes. The water was very calm in this journey but I had to watch from above and just sense my progress through the tunnel as it was very suffocating.

The lake was wide and Deep blue, very still. And surrounded by a lush jungle. My old crone was waiting for me (she'd been at the garden before) and told me to enter the wrought iron gates (same gates as an earlier journey). I could feel my lioness with me, she walked beside me for the whole journey but I couldn't see her, she was a ghost just a sensation of her there.

The garden was very thick and beautiful with soft lush grass I could feel underfoot. While going through the tunnel it was full of green vines & lots of colourful flowers - as I walked through I kept seeing a shark flash up bearing its teeth.

The cottage was quaint and the lady gave me what I thought was a feather but it was a quill & a piece of parchment. But there was no explanation on how to use the tools. I left confused. A big brown bear named Baloo walked with me up a very dark black Rocky crumbly Mountain (like Shale coal) - no vegetation.



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# JOURNEY TO SUCCESS FOR SHANNON

The building was on a hill and was a brick old war observation tower- like in the photo. A young man in his early twenties came to meet me & I said to the bear I didn't know what to do with the quill & parchment and was confused on what I had to do.

Bear said "just write it down, don't be afraid to put it out there, there is no judgement, be seen" The end of the feather shot out the bubble of light - I don't recall placing it anywhere but felt a strong white light across my whole abdomen so possibly I put it there.

The sky had darkened on the way back. I placed bear energy in my stomach. When I got back through the cave the field of corn had turned from a brilliant muggy sunny day to a cloudy cool night sky with the moon breaking through the clouds.



# INTERPRETATION FROM LESLEY

Hey gorgeous great journey, corn is a symbolism of fertility and growth, walking through the long grass highlights the growth without being able to see where you are going so keep the faith that where you are going is right for you, its just that you cant see the destination right now. Watching the journey from above shows that when your fear bubbles up you may ditch the body and prefer to watch life from out of your body because it feels to over bearing, this is ok but not good long term as we tend to neglect the body and become to ungrounded when we hop out of the body, we need to allow life to flow through us not past us. The small waterfall shows life feels a bit tumultuous right now, the general energies are a bit hectic so its about finding the balance, the Japanese are so good at staying centered through the chaos. Get Zen ! The lake shows there is great clarity and calmness around you, its just about noticing it, the wrought iron gates are a reminder of protecting your energy, iron was considered a great protector. There is lost of growth and nourishment on your journey to success but perhaps you are always watching for the metaphorical shark, to come and get you. The feeling of its too good to be true when is the “shit” going to hit the fan?

Shark...authority.

When Shark swims into your life He offers you safety from some jarring person or situation. The predator in your life is about to be frightened away with confidence. This creature reminds you of your personal power and the inner strength necessary to get rid of negativity.

Some of the Shark’s physical characteristic gives us other clues to Shark symbolism and meaning. For example, Shark has an amazing sense of smell. This means that Shark can sniff out what they most need.

Additionally Shark cannot stop swimming because of the lack of a swim bladder – so on-going movement is common when working with Shark energy. So keen moving, face the fear don’t think its going to get you, face it and move through it and just keep swimming.



# INTERPRETATION FROM LESLEY

Bear is the symbol of what energy you need to overcome your fear to gain success..

The spirit of the bear is a strong source of support in times of difficulty. It provides courage and a stable foundation to face challenges. When the bear shows up as a spirit guide in your life, it's perhaps time to stand for your beliefs or your truth. This power animal will provide for support and strength.

The bear is also a guide to take leadership in your life or in other people's lives. This animal is feared and admired for its strength. Its presence inspires respect. Its strength and powerful stature will inspire you to step into a leadership role in your life and take action without fear.

When you invoke the power of the bear totem, reflect on the qualities of inner strength, fearlessness, and confidence in yourself and how you can project them in your world.

Bears are creatures that honour the cycles of life, they are great mamas and are protective of their young, but they rest when they need to and hibernate in winter when the conditions are harsh. So bear says go within when things feel difficult and recharge. You are creative ( the quill) and a great writer. Your tool to overcome your fear is through writing, the pen is mightier than the sword. Keep writing. The bear claiming the coal face, is about movement through difficulty, coal is energy /power. So be sure to re energise when you need to, you need to share through writing. Don't judge and be fearful of others judgements, you are a beautiful writer and others need to hear what you have to say !

As bear says just feel the fear and do it anyway, write and share your knowledge it is needed.

Big hugs xxx



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